

East Bethel Ice Arena Preparedness Plan COVID-19



Taking reasonable measures using industry best practices to ensure the public health, adherence to social distancing, and promoting the well being of our customers at our facilities.



***East Bethel Ice Arena
20675 Hwy. 65
East Bethel, MN 55011***

Credit: MIAMA and Fogerty Ice House

COVID-19 Preparedness Plan for the East Bethel Ice Arena, East Bethel, MN

The East Bethel Ice Arena is committed to providing a safe and healthy facility for all our workers and customers. To ensure that, we have developed the following Preparedness Plan in response to the COVID-19 pandemic. Managers and workers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our workplaces, and that requires full cooperation among workers and management. Only through this cooperative effort can we establish and maintain the safety and health of our workers and workplaces.

Management and workers are responsible for implementing and complying with all aspects of this Preparedness Plan. Our workers are our most important assets. We are serious about safety and health and keeping our workers working at the East Bethel Ice Arena. Worker involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan. Our Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines and federal OSHA standards related to COVID-19 and addresses:

- hygiene and respiratory etiquette;
- engineering and administrative controls for social distancing;
- housekeeping – cleaning, disinfecting and decontamination;
- prompt identification and isolation of sick persons;
- communications and training that will be provided to managers and workers
- management and supervision necessary to ensure effective implementation

Screening and policies for employees exhibiting signs and symptoms of COVID-19

Workers will be informed of and encouraged to self-monitor for signs and symptoms of COVID-19. At any point should an employee show signs of illness they are to report it to their manager and either not come in to work or leave work as soon as is possible.

Handwashing

Basic infection prevention measures are being implemented at our workplaces at all times. Workers are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the toilet. All visitors to the facility will be required to wash their hands prior to or immediately upon entering the facility. Some workplaces may have hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) that can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled.

The East Bethel Ice Arena has also purchased and placed clearly marked hand sanitizer stations throughout our facility at or near strategic locations such as doorways and common areas. These stations will include clear instructions for use. These stations will augment our existing bathrooms within the facility which will now include clear instructions on hand washing for COVID-19.

Respiratory etiquette: Cover your cough or sneeze

Workers and visitors are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward. Respiratory etiquette will be demonstrated on posters and supported by making tissues and trash receptacles available to all workers and visitors. COVID-19 “Cough and Sneeze” posters will be posted in numerous clearly visible common area locations around the facility.

Social distancing

Social distancing is being implemented in the workplace through the following engineering and administrative controls:

Groups and teams will be limited to 50 people for hockey or less on the ice. Start times for all activities will be staggered to prevent overlap in arrival and departure. Groups are asked to have and submit their own internal policy regarding social distancing to the East Bethel Ice Arena for our approval and certification.

When working in the facility workers are required to wear a mask and gloves and adhere to social distancing policy whenever possible.

Workers and visitors are prohibited from gathering in groups and confined areas, including elevators, and from using other workers' personal protective equipment, phones, computer equipment, desks, cubicles, workstations, offices or other personal work tools and equipment.

Housekeeping

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of work surfaces, equipment, tools and machinery, and areas in the work environment, including restrooms, break rooms, lunch rooms and meeting rooms. Frequent cleaning and disinfecting will be conducted in high-touch areas, such as phones, keyboards, touch screens, controls, door handles, elevator panels, railings, copy machines, etc. Full and part time staff will conduct hourly cleaning of all high touch areas. Locker rooms will be disinfected after each use.

Communications and training

This Preparedness Plan will be communicated via email to all staff and user groups and printed and posted throughout the facility. Additional communication and training will be ongoing and provided to all workers. Managers and supervisors are to monitor how effective the program has been implemented by performing weekly check-ins with employees. Management and workers are to work through this new program together and update the training as necessary.

Certified by:

Todd Gibson

Todd Gibson

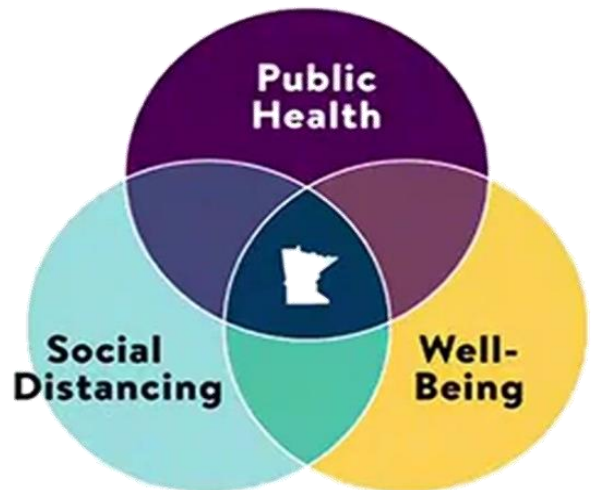
Gibson Management Company



Executive Order 20-56, issued by Governor Walz requires that each business establish a “Covid-19 Preparedness Plan” for reopening. This plan will provide clear guidance for evaluating when and how to reopen. As such our arena complex and others like it can reopen under the following goals:



Ensure that all traffic is “Highly Predictable”.



*Consider three factors:
Public Health Social
Distancing Well Being*

The East Bethel Ice Arena can meet and exceed these goals with the following as the basic premise for reopening:

- Follow OSHA, MDH and CDC guidelines for COVID-19 facility cleaning and maintenance practices.
- Monitored and predetermined number of participants active at one time
- No spectator events.
- Stagger start times for facilities with multiple venues.
- Create adequate time between groups to eliminate arrival and departure overlap.
- Follow state and local guidelines for employ and customer communication and training.



COVID-19 Pandemic Preparedness & Response Plan for Reopening Ice Facilities

The Ice Sports Industry (ISI) has developed the following COVID-19 Pandemic Preparedness & Response Plan for Reopening Ice Facilities based on best practices and procedures outlined by various respected sources, and in alignment with provisions set forth by the Centers for Disease Control (CDC) and the World Health Organization (WHO).

Please note that these are practical suggestions only, and your facility should implement appropriate policies in accordance with federal (<https://www.whitehouse.gov/openingamerica/>), state and local regulations.

Remember to regularly monitor your state website for announcements and requirements for the reopening of your facility during this unprecedented time. Reestablishing an environment where both your employees and customers feel at ease requires a multifaceted approach.

Due to the fluidity of the current pandemic, ISI will continue to update this document as needed to reflect new directives and feedback. Please feel free to send information to be added to it to Eileen Viglione at eileen@skateisi.org.

Your arena's Covid-19 Pandemic Preparedness & Response Plan should address the following key protocols:

- Housekeeping — Cleaning, Disinfecting and Decontamination
- Infection Prevention Measures/Hazard Control
- Identification and Isolation of Sick Persons (Employees and Customers)
- Staff Training for Implementation of Your Plan
- Communications to Your Customers
- Provision of Management to Ensure Effective Ongoing Implementation of Plan

Prior to opening, be sure to address the following action items:

- Plan (*now*) to have an adequate supply of soap, disinfectant, tape (to mark "safe standing spots" on floor and seating) and 60 to 70 percent alcohol-based hand sanitizers and wipes readily available as well as Personal Protective Equipment (PPE) — face masks and gloves (for cleaning). Safety glasses and/or face shields could



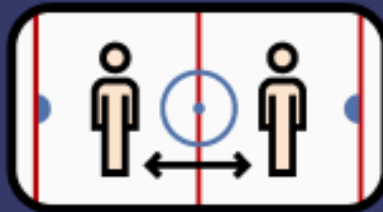
COVID-19 BEST PRACTICES FOR ICE RINKS

1)



Wash and Sanitize
Hands Often

2)



Maintain 6' of
Social Distance

3)



Cover Coughs
and Sneezes

4)



If You are Not Feeling
Well, Stay Home

5)



Modified, Limited or
No Locker Room Access

6)



Handshakes
Discouraged

7)



No Spitting or Sharing
of Water Bottles

8)



Do Not Gather Before,
During or After Ice Times

9)



Keep Gloves on
During Ice Times

CONDUCT HEALTH SCREENING EACH TIME EMPLOYEES OR VISITORS ENTER THE FACILITY.

You may also opt to conduct temperature screening if it can be done with proper social distancing, protection, and hygiene protocols. However, temperature screening is not required.

If a worker or visitor answers "Yes" to any of the screening questions or has a measured temperature above 100.4°F, they should be advised to go home, stay away from other people, and contact their health care provider.



Visitor and Employee Health Screening Checklist

Have you had any of the following symptoms since your last day at work or the last time you were here that you cannot attribute to another health condition?

Please answer "Yes" or "No" to each question. Do you have:

- Fever (100.4 F or higher), or feeling feverish?**
- Chills?**
- A new cough?**
- Shortness of breath?**
- A new sore throat?**
- New muscle aches?**
- New headache?**
- New loss of smell or taste?**



POLICY AND PROCEDURES

Facility Wide Policy

- All shared spaces (bathrooms, bleachers, hallways, doorways) will be disinfected every hour on the hour.
- Locker rooms (if used) will be disinfected after every event.
- GMC staff will be wearing masks at all times
- Staff will be encouraged to follow social distancing practices within reason.
- Staff and guests will be sent home or asked not to come in at any sign of illness
- Public hand sanitizing stations will be increased and placed in strategic locations within the facility.
- Hand washing and sanitizing instructions will be posted in appropriate locations.
- All staff trained in decontamination, hand washing, and safety communication protocols.
- Face masks are required for everyone entering and inside the facility

Hockey Specific Policy

- Events to have a predetermined number of attendees.
- All events are scheduled.
- 15 minutes between events to avoid event overlap.
- Athletes will be encouraged to change before arriving and arrive no sooner than 10 minutes before the scheduled event.
- Athletes will be encouraged to leave the premises 10 minutes after ice time is complete.
- Locker rooms use will not be allowed or will be very limited
- Rest room facilities will not be open or by special request only
- Minor athletes are allowed one adult chaperone during their event
- Coaches will be encouraged to follow social distancing practices within reason during the event.



Hockey Communications (Email and Posted)

Due to our concern for your safety during COVID-19, we have implemented the following policies:

.There will be 15 minutes between ice times. This will mean there will be 5 minutes of dead ice time between each group and NO ONE will be allowed on to the ice rink until your hour starts.

.Skaters should not show up to the rink until 10 minutes before your ice time starts.

.Skaters should arrive to the rink with a majority of their hockey gear on to limit the amount of time spent prior to ice time

.Locker rooms will not be used or used very sparingly

.Skaters should be out of the facility no more than 10 minutes after their ice time is done.

.Skaters should be dropped off and picked up. The skaters will enter main doors and exit on the south side of building.

.It is the responsibility of parents , coaches and athletes to adhere to the social distancing guidelines.

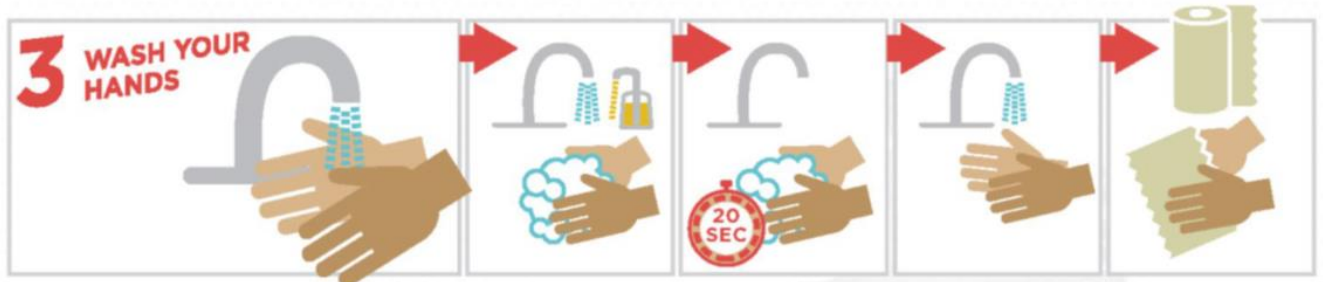
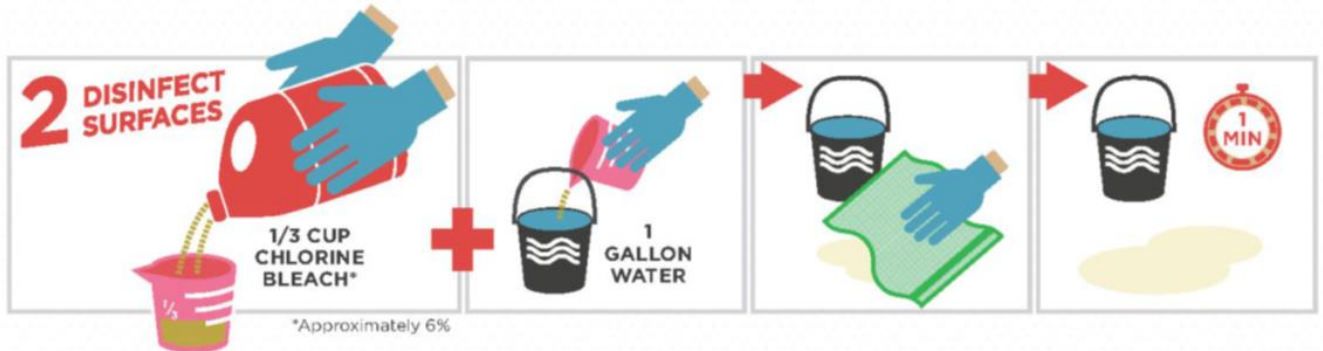
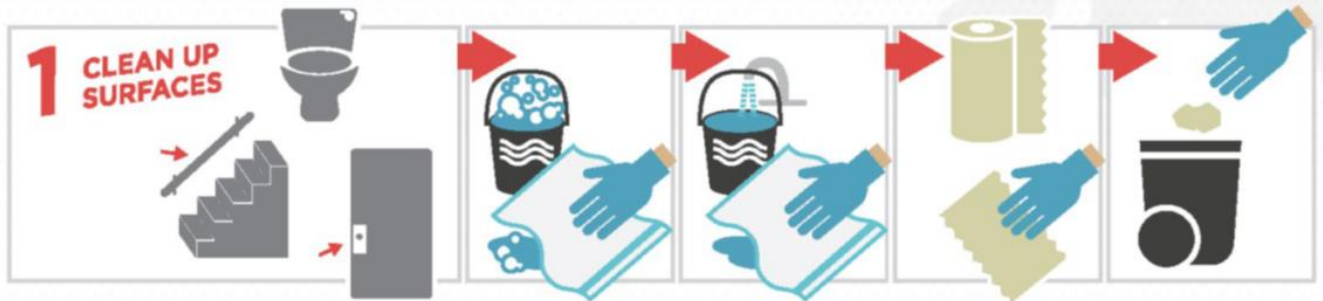
.Each group will be required to send a COVID 19 policy for their organization that we can review and certify for our facility.

.We have multiple hand sanitizer stations available in the arena for staff and guests.

.Restrooms (if opened), doors, and all other common areas are being disinfected every hour on the hour.

Proper Cleaning and Disinfecting

Prevent the spread of COVID-19



Disinfecting products must be EPA-registered. Always read and follow manufacturer's directions.

#StopTheSpread

Wash Your Hands

StopTheSpread

Proper hygiene stops the spread of the virus.

01

Wet your hands before applying soap.



02

Bring your palms together and rub soap all over the palms and backs of your hands, including between the fingers.



03

Wash your hands for at least 20 seconds.



04

Wipe your hands with a clean towel or paper towel and avoid rubbing too vigorously.



COUGH



and

SNEEZE

into your



SLEEVE

#StopTheSpread

Physical Distancing 101

SOURCE: WHO

Please avoid groups larger than 8 people.

Keep a distance of 6 feet or 2 meters – about one body length – away from other people.

Avoid touching other people, and that includes handshakes.

Physical distancing slows down the spread of the coronavirus, which keeps our resources available to those in need.



Stop Germs! Wash Your Hands.

When?

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage



How?



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.



Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.



Rinse hands well under clean, running water.



Dry hands using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

LIFE IS BETTER WITH

CLEAN HANDS



www.cdc.gov/handwashing



PHOTO: SHUTTERSTOCK/STOCKS. THE LIFE IS BETTER WITH CLEAN HANDS CAMPAIGN IS MADE POSSIBLE BY A PARTNERSHIP BETWEEN THE

CLEANING FOR COVID-19

COVID-19 (novel coronavirus 2019) is a respiratory illness that primarily spreads through the air and through personal contact with surfaces and infected people. COVID-19 is an enveloped virus, meaning it is easily compromised by proper cleaning and sanitizing. It is unknown how long COVID-19 can survive on surfaces, but it is recommended to clean and sanitize high contact surfaces at home, school, and the work place.



Remove visible soil and dirt from surfaces using soap and water.



Apply an EPA registered disinfectant to kill pathogens, including COVID-19. Common cleaners include:

- Clorox Disinfecting Wipes
- Lysol Brand Bleach Multi-Purpose Cleaner
- Purell Multi Surface Disinfectant



For effective sanitizing, wait the proper contact time as indicated on the product label.





Our key is being “Highly Predictable.” Together and with the formula for safety and best practices in place we can open and provide a great outlet for our user groups to enjoy!

